Submission

**Step 1: Type of manuscript, study, subject, title and abstract**
Choose the type of manuscript and enter the information required.

**Step 2: Uploading the file**
Up to three files can be uploaded at once.

**Step 3: Attributes**

**Step 4: Authors and institutions**
Enter the full name of the authors, co-authors and institutions. Inform who is the submission agent. It is mandatory to provide the ORCID of the author submitting it.

**Step 5: Reviewers**
Non-required field to inform recommended and non-recommended reviewers.

**Step 6: Details and comments**
Filling out the cover letter, with the type of manuscript, author and co-authors' declaration about the truthfulness of the contents of the manuscript; declaration of funding; conflict of interest; ethics committee; knowledge acquired from the research; authors' contribution; information about preprint.

**Step 7: Checking and submitting**
Make sure all required fields have been filled out and have a look at the PDF preview file before completing the submission. It is mandatory to check your emails and the log into the system to keep track the status of your submission.

While filling this step, the author assumes responsibility for the paper not having been previously published or in the process of analysis by another journal.